

NEWSLETTER



LOOKING BACK AT 2022

- Leadership
- Clients served in 2022
- New programs offered
- Client Surveys
- CARF Accreditation

At MERIT Resource Services, we understand that milestones make a difference in the journey toward recovery. Setting goals and celebrating achievements, whether it's 1 day, 1 week, 1 month, 1 year, or certain holidays that coincide with your recovery and/or sobriety can help build confidence and momentum towards a healthier and happier life.



LEADERSHIP



Shereen Hunt has been a part of the Merit team since November 1997, as the Clinical Director. Recently Shereen accepted the position as the new Executive Director. Shereen has over 30 years of experience in the Substance Use Disorder field.

New Leadership



Pedro Lopez has been with the Merit team since August 2016. Recently Pedro accepted the position as the new Clinical Director. Pedro has over a decade of experience in the Substance Use Disorder field.

CLIENT SERVICES

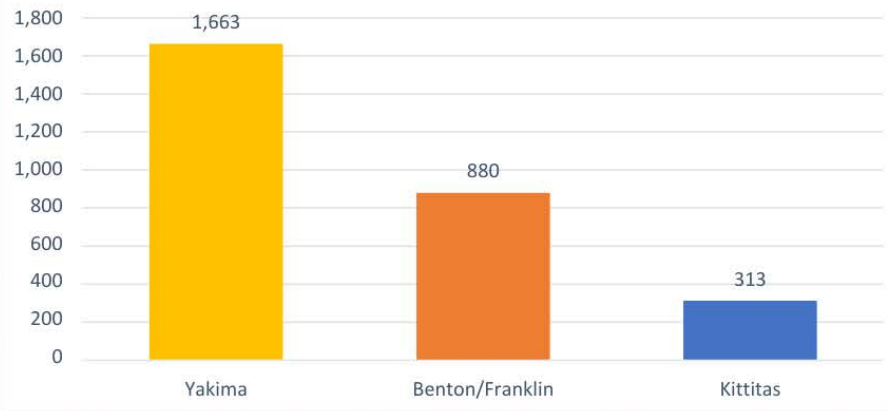
Here at MERIT Resource Services we currently have seven facilities conveniently located in four counties throughout Eastern Washington.

In 2022 we were able to provide services to 2856 clients.

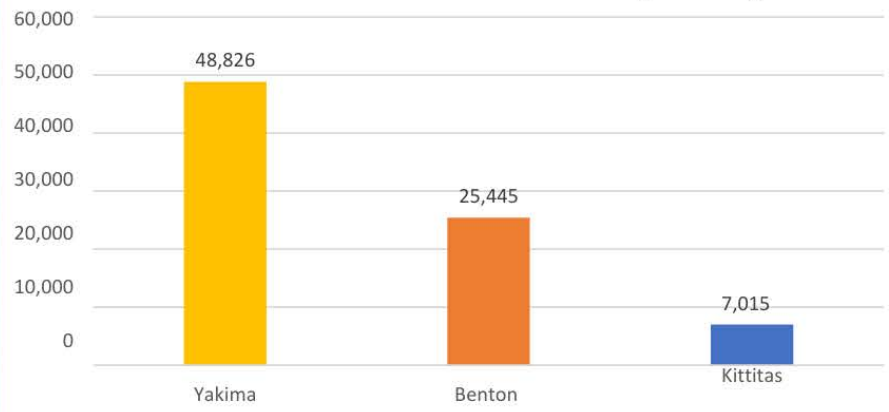
81,286 hours of Substance Use Disorder Treatment were provided.

MERIT Resource Services offers walk in assessments in all office. In 2022 1,851 clients were assessed.

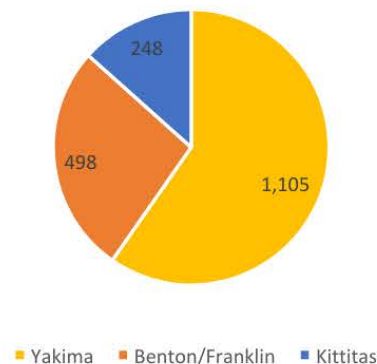
Clients Served by County 2022



Hours of SUD Treatment by County



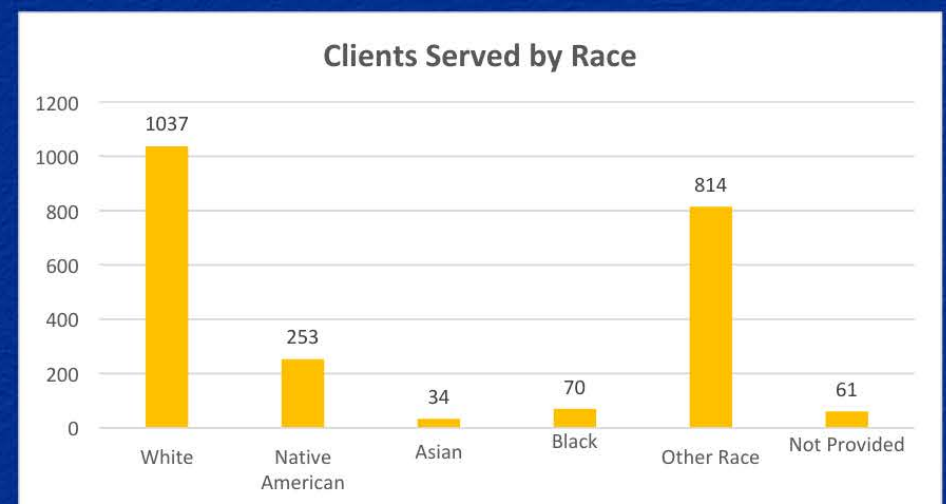
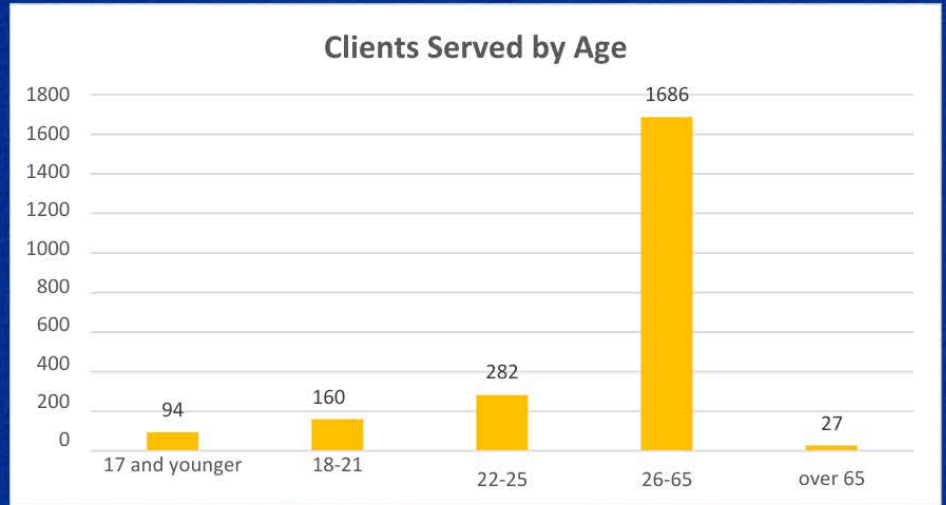
Patients Assessed for Substance Use Disorder



CLIENTS SERVED

Clients served by age, gender, and race.

94	17 and younger
160	18-21
282	22-25
1686	26-65
27	over 65
687	Female
1550	Male
8	Transgender
4	Gender Unknown
1037	White
253	Native American
34	Asian
70	Black
814	Other Race
61	Not Provided



DRUG COURT PROGRAM



The Drug Court Program is a voluntary program that includes regular court appearances before a designated Drug Court Judge. The Drug Court Program is based upon the understanding that addiction is a chronic, progressive, relapsing disease that can be successfully treated. The post-arrest period is an excellent opportunity for treatment commitment, which will break the drug-crime cycle.

"Do you know about Criminal Thinking Interventions"?

Criminal-thinking patterns are observed frequently among Drug Court participants (Jones et al., 2015) and may contribute to program failure (responsivity need) and criminal recidivism. (criminogenic need) (Gendreau et al., 1996; Helmond et al., 2015; Knight et al., 2006; Walters, 2003). Some Drug Court participants have considerable difficulty seeing other people's perspectives, recognizing their role in interpersonal conflicts, or anticipating consequences before they act. Moreover, they may hold counterproductive attitudes or values, such as assuming that all people are untrustworthy and motivated to manipulate or dominate others. Given such antisocial sentiments, these participants are often viewed as suspicious or manipulative in character, get into repeated conflicts with others, and fail to learn from negative social interactions. Several manualized cognitive-behavioral interventions address criminal-thinking patterns among individuals addicted to drugs or charged with crimes. Evidence-based curricula demonstrating improved outcomes in Drug Courts and similar programs include but are not limited to Moral Recognition Therapy (Cheesman & Kunkel, 2012; Heck, 2008; Kirchner & Goodman, 2007), Thinking for a Change (Lowenkamp et al., 2009), and Reasoning & Rehabilitation (Cullen et al., 2012; Tong & Farrington, 2006). Other curricula focused specifically on the needs of men in the criminal justice system, such as Habilitation, Empowerment and Accountability Therapy (Turpin & Wheeler, 2012; Vito & Tewksbury, 1998) and Helping Men Recover (Covington et al., 2011), are undergoing development and effectiveness testing in Drug Courts. Studies have not determined when delivering criminal-thinking interventions is most beneficial. Clinical experience suggests the most beneficial time to introduce these interventions is after participants are stabilized in treatment and no longer experiencing acutely debilitating symptoms such as cravings, withdrawal, or anhedonia (Milkman & Wanberg, 2007). Until participants are no longer in acute distress, expecting them to benefit from a cognitive-behavioral intervention that requires them to maintain consistent attention and cognitive endurance is unrealistic. Participants should be stabilized clinically before a Drug Court can reasonably expect them to think flexibly about the motivations for their behaviors and the potential ramifications of continuing in their current behavioral patterns.

Recovery Navigator Program



Recovery Navigator Program Services are staffed by certified Recovery Peers with lived experience. We provide community outreach, intensive case management, and community connections to resources for people struggling with substance use and mental health issues.



Mental Health Program

Substance use disorder and co-occurring disorders. In our integrative sustainable recovery programs, our goal is to facilitate healing and transformation of lives. In order to accomplish this goal, we guide our clients to look deeper, beyond the pain and fear, and uncover the truth of who they are. Learn more about how we help them heal.



Patient Survey Data

SURVEY

This journey of providing your client with a positive experience starts from the moment they land at our website, and extends beyond the moment they become your client. Without question, delighting them and encouraging them to be their best self and live their best life.

Here are a few comments clients have made that proves you are all doing just that!

"I found it to be very educational and something I can continue to use in my day to day life."

"Good experience, even during the pandemic."

This has been an emotion whirl wind and I am grateful to have been here. I did not want to open up to others and let them into my mind full of shame and guilt. All your counselors and group sessions helped more than I could have imagined. I am a more positive healthy member of society and better to myself greatly due to what I was able to learn here. Thank you all so very much ♥

"I really appreciate and feel like this really did help me. I can see I had an addiction that was taking over my life. I can see the person I was becoming and now I see the person that I am becoming since I don't use anymore and I am really happy that I came here and did this."

"It was a good learning process and I got a lot of tools."

"It was a very great experience and I am glad I came to treatment. It really helped me identify my addictions and overcome them and better myself. I feel good about completing treatment."

"It's really helped me open my eyes and answered my questions about addiction and sobriety. Been a reminder of why I'm doing and what I'm doing it for."



October 2022

Merit Resource Services received their third, 3 year CARF International Accreditation.

What is accreditation?

Accreditation is a process that demonstrates a provider has met standards for the quality of its services. CARF International establishes these standards to guide providers in offering their services and also uses the standards to evaluate how well a provider is serving people and how it can improve.

For all the resilience and dedication of our
Supporters, Professionals, and our Staff.

*Thank
you!*

As always and especially during the hard
times. You make a difference in peoples
lives and that is a gift beyond measures.

